THRIVE FOUNDATION

REACH THEM BEFORE CRISIS DOES.

Building stronger pathways for vulnerable young people across Victoria.

100+
young people

12–13
skilled mentors

3–4
Thrive Hubs

$3 million
over 3 years



THRIVE FOUNDATION

THE INVITATION

WHAT IF SUPPORT ARRIVED BEFORE CRISIS?

Too many young people receive intensive help only after things have already fallen apart. School disengagement. Family breakdown. Isolation. Mental health deterioration. Homelessness. Long-term dependence on crisis services.

Thrive Foundation exists to intervene earlier.

We work alongside vulnerable young people through trusted relationships, practical experiences, structured programs and real-world support - helping them build resilience, confidence, skills, pathways and independence.



> **WE ARE NOW READY TO BUILD THE NEXT STAGE.**

Over the next three years, Thrive Foundation aims to create the people, places and programs needed to support more than 100 vulnerable young people across Victoria. We are seeking **$3 million** over three years to help make that possible.

THRIVE FOUNDATION

WHY THRIVE EXISTS

Young people should not have to reach crisis before they receive meaningful support.

Thrive supports young people experiencing significant disadvantage, including:

- disability and neurodivergence
- mental health challenges
- trauma
- social isolation
- family instability
- school disengagement
- barriers to independence
- risk of homelessness
- limited connection to community



The gap is not always another service.

Young people may already have families, teachers, psychologists, support coordinators, allied health practitioners or social workers around them. **Thrive works between them.**

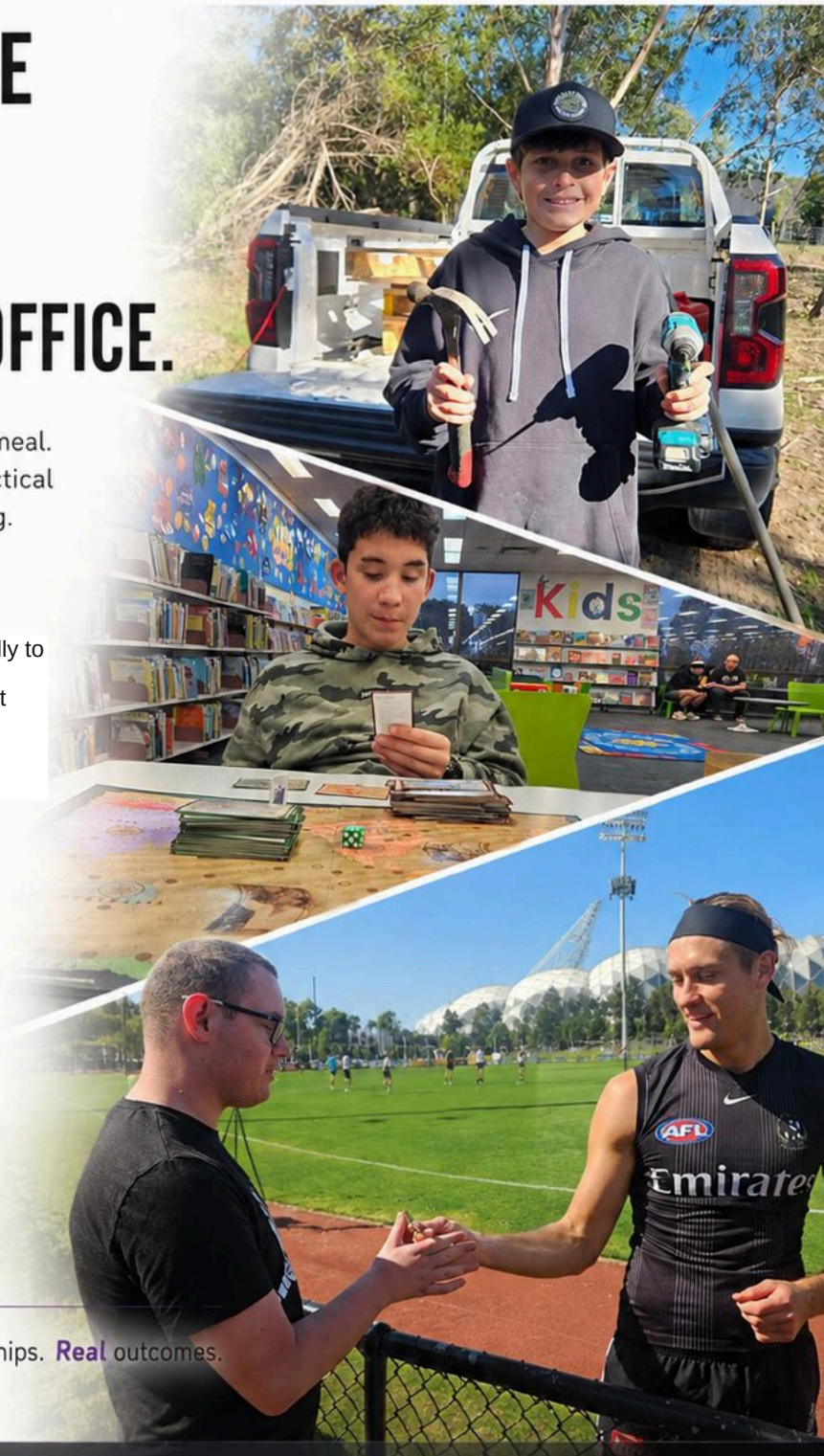
Our team works alongside young people in the places where real life happens - helping translate goals into action, challenge into confidence and support into greater independence.

THRIVE FOUNDATION

YOUNG PEOPLE DON'T BUILD RESILIENCE SITTING IN AN OFFICE.

They build it by doing. Cooking a meal. Taking on a challenge. Learning practical life skills. Joining in. Problem-solving. Trying something unfamiliar. Showing up again.

Thrive uses real-world experiences intentionally to develop confidence, emotional regulation, independence, social connection, employment readiness and practical life skills.



- CONFIDENCE
- EMOTIONAL REGULATION
- INDEPENDENCE
- SOCIAL CONNECTION
- LIFE SKILLS

» **Real**-world mentoring. **Real** relationships. **Real** outcomes.

THRIVE FOUNDATION

SUPPORT SHOULD LEAD SOMEWHERE.

Thrive's four-tier framework gives young people a pathway from trust and stability toward greater independence and adulthood.

1 **FOUNDATIONS**
Safety. Trust. Routine.
Build engagement, emotional literacy and consistency.

2 **GROWTH**
Skills. Confidence. Connection.
Develop practical capability, self-expression and social participation.

3 **INDEPENDENCE**
Resilience. Autonomy. Community.
Build problem-solving, executive functioning, community access and leadership.

4 **THRIVE FUTURES**
Education. Employment. Housing. Adulthood.
Prepare young people for reduced support, employment, study, financial independence and more stable housing pathways.

> **"The goal is not simply more support. The goal is greater capability and independence."**



» Every young person has potential. Our model creates a pathway to it.

THRIVE FOUNDATION

SOMETIMES A YOUNG PERSON NEEDS MORE THAN A SESSION. THEY NEED SOMEWHERE TO GO.



Over the next three years, Thrive aims to establish 3–4 Hubs across Victoria. A Thrive Hub is designed to become a safe place to stay, reset, learn and move forward. Depending on the young person's circumstances, a Hub could support stays ranging from a single day through to several weeks or approximately one month.

- short-stay respite
- supported accommodation
- transition housing
- crisis-prevention support
- intensive youth support
- life-skills development
- school re-engagement
- employment preparation
- excursions and experiential programs
- cooking and independent living skills
- wellbeing and routine building
- pathways back to family, education and community

A Hub is not simply a bed. It is a structured environment designed to help a young person move toward the next stage of their life.

THRIVE FOUNDATION

WHAT WE ARE BUILDING.

100+
Young people supported

12–13
Mentors and staff

3–4
Thrive Hubs

VICTORIA
Geographic focus

$3M
Three-year philanthropic target

WHAT $3 MILLION CAN BUILD

THRIVE HUBS
Establish and strengthen 3–4 Thrive Hubs across Victoria, creating safe places where young people belong.

YOUTH DEVELOPMENT WORKFORCE
Recruit, train and support 12–13 skilled mentors and staff to build trusted, long-term relationships.

EARLY-INTERVENTION PROGRAMS
Deliver practical, relationship-based programs that build resilience, life skills and connection before crisis hits.

ACCESS
Remove barriers to participation through transport, meals, outreach and flexible engagement options.

EDUCATION, EMPLOYMENT & INDEPENDENCE
Provide pathways, mentoring and real-world opportunities to help young people build their future.

IMPACT & ORGANISATIONAL CAPABILITY
Invest in data, evaluation, systems and governance to strengthen impact and ensure sustainability.

» The objective is not growth for growth's sake. It is to build a model capable of **reaching significantly more young people** without losing the relationship-led approach that makes Thrive work.



» Future-focused youth mentoring, early intervention and Thrive Hubs.

THRIVE FOUNDATION

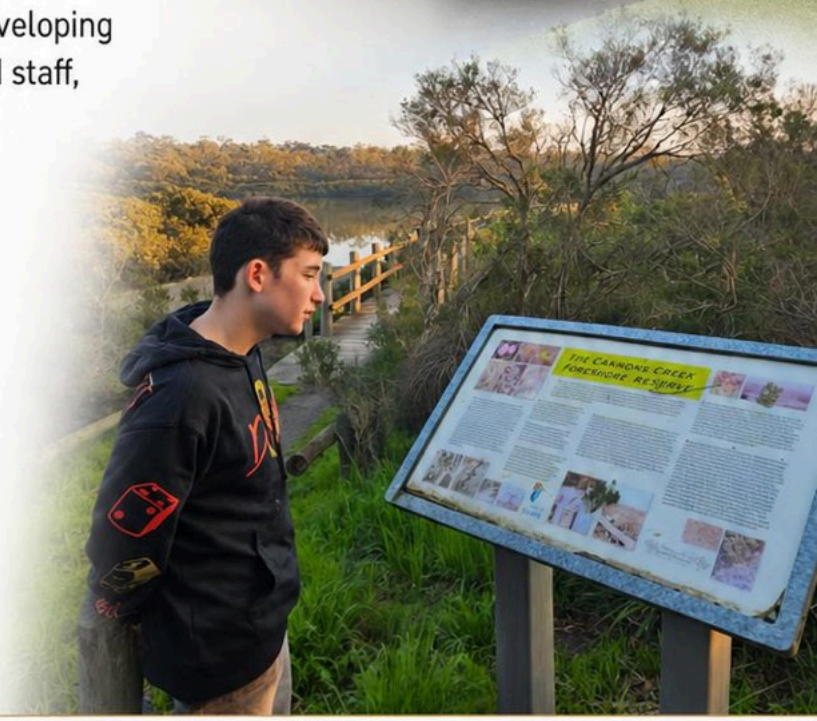
HELP US BUILD WHAT COMES NEXT.



Thrive Foundation is seeking **$3 million** over three years to help build a Victorian early-intervention youth model capable of supporting **100+** young people, developing a workforce of **12–13** mentors and staff, and establishing **3–4** Thrive Hubs.

WE WELCOME CONVERSATIONS WITH:

- philanthropic foundations
- major donors
- corporate partners
- government
- property and housing partners
- aligned community organisations
- supporters able to contribute expertise, infrastructure or in-kind assistance



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REACH THEM BEFORE CRISIS DOES.